



# Brazil from Shore to Soul

## Exploring the African Diaspora in Rio & Salvador

### Inspiring Moments

- Get to know the ways that **Brazil's African heritage** has been preserved in Brazilian cuisine, music, religion and more.
- Discover **two historic cities, Rio de Janeiro and Salvador**, with strong Afro-Brazilian communities.
- Walk through **Valongo Wharf**, once the first stop in Brazil for enslaved Africans, but today a reminder of the resilience and contributions of the millions who helped to build the country.
- Visit a **samba school** for a special look at Carnival's colorful floats and costumes and an opportunity to try the national, Afro-Brazilian dance.
- Embrace local flavors during a **cooking demonstration with a local chef**.
- Get an up-close look at the imposing **Christ the Redeemer** statue atop Corcovado Mountain.
- Experience four **UNESCO World Heritage sites**.



### Itinerary

- Day 1** Depart gateway city ✈
- Day 2** Arrive in Rio de Janeiro and transfer 🚗 to hotel
- Day 3** Rio de Janeiro
- Day 4** Rio de Janeiro
- Day 5** Rio de Janeiro
- Day 6** Fly to Salvador | Salvador
- Day 7** Salvador
- Day 8** Salvador
- Day 9** Salvador
- Day 10** Fly to Rio de Janeiro and depart for gateway city ✈

Flights ✈ and transfers 🚗 provided for AHI FlexAir participants.  
**Note:** Itinerary may change due to local conditions.

### Included Features

#### Accommodations (with baggage handling)

- **4 nights** in Rio de Janeiro, Brazil, at the first-class Windsor California Copacabana Hotel.
- **4 nights** in Salvador at the first-class Mercure Salvador Rio Vermelho.

#### Transfers (with baggage handling)

- All transfers during the Land Program: flight and deluxe motor coaches.

#### Extensive Meal Program

- 8 breakfasts, 5 lunches and 5 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.

#### Your One-of-a-Kind Journey

- **Small group:** Sized just right at 28 guests.
- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- **AHI Connects | Local immersion.**
- **Free time** to pursue your individual interests.
- Welcome Reception to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.
- **AHI Sustainability Promise |** Striving to make a positive impact wherever we travel.

Top: Corcovado Mountain, Rio de Janeiro



**A World of Discovery**

**AHI Connects | Bahia Cuisine.** A walk with a local chef through a bustling market culminates in a stop at the chef's home to learn how to make moqueca, a delicious seafood stew featuring a creamy broth flavored with cilantro and lime.

**Urca Hill & Sugarloaf Mountain.** Drive through Rio's leafy Urca neighborhood and board a cable car bound for the top of Urca Hill, which overlooks Guanabara Bay. Continue to the top of iconic Sugarloaf Mountain for a dazzling 360-degree view.

**Little Africa.** Get acquainted with Rio's African heritage in the area called Pequena África, or Little Africa. Visit historic Valongo Wharf, where an estimated quarter of all enslaved Africans brought to the Americas landed. See the Pedra do Sal, the Salt Stone, said to be the birthplace of samba.

**The Magic of Carnaval.** Learn about the work that goes into preparing for Carnaval at a samba school. See colorful floats, try on splashy costumes, join a percussion class and learn some samba moves!

**Corcovado Mountain.** Ride a funicular to the top of Corcovado Mountain for an up-close look at Rio's Christ the Redeemer statue. Continue to the artsy Santa Teresa district to visit its castle and the Chacara do Ceu Museum, which includes collections dedicated to Brazilian modern and folk art as well as European art.

**Rio Botanical Garden.** Tour the exquisite Botanical Garden of Rio de Janeiro, which is home to some 6,500 plant species and 140 bird species.

**Pelourinho & Casa de Iemanjá.** Explore Pelourinho, historic center of the city of Salvador, and learn about Candomblé, an Afro-Brazilian religion during a visit to a fishermen's temple.

**Rio Vermelho.** Relish an evening outing in Rio Vermelho, Salvador's lively bohemian neighborhood and popular entertainment district. Explore on your own after your tour.

**Bahia Folk Dancing.** Revel in a performance of the Balé Folclórico de Bahia, an acclaimed folk dance troupe. Watch dances inspired by Candomblé; capoeira, the Brazilian martial art; and working in sugarcane fields.

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Capoeira instruments

**Percussion Workshop.** Drummers from Bahia are famous for creating African-influenced rhythms. Learn the local techniques on different types of drums.

**National Museum of Afro-Brazilian Culture.** Delve into Brazil's multifaceted Afro-Brazilian heritage, including music, cuisine, religious, sports and more.

**Terreiro São Jorge Filho da Goméia.** Take a closer look at the Afro-Brazilian religion of Candomblé at a fascinating museum that preserves traditional clothing and oral histories as well as living traditions, such as ritual practices and drum music.

**Enrichment**

- Tracing the Origins of the Afro-Brazilian People
- Life in Post-Slavery Brazil
- Afro-Brazilian Religion

**UNESCO**

1. **Rio de Janeiro: Carioca Landscapes between the Mountains and the Sea**
2. **Valongo Wharf Archaeological Site, Rio de Janeiro**
3. **Historic Centre of Salvador de Bahia**
4. **Mata Atlantica Biosphere Reserve, includes states of Rio de Janeiro and Bahia**

**Accommodations**

**Windsor California Copacabana Hotel |**  
Rio de Janeiro  
★★★★☆

**Mercure Salvador Rio Vermelho |**  
Salvador  
★★★★☆



AHI Travel  
International Tower  
8550 West Bryn Mawr Avenue  
Suite 600  
Chicago, Illinois 60631

2027



Pelourinho, Salvador

**AHI Travel Expertise**

Our dedicated team helps travelers explore the world safely and securely.

**Travel Consultants |** Assist with the reservation process.

**Travel & Air Coordinators |** Help with everything from flights to special requests.

**Travel Director |** Manages all details to ensure a safe and memorable trip.

**Travel information |** Prepares you fully for your journey.

**Expert local guides and lecturers |** Provide friendly, knowledgeable service and share their passion for the destination.

**Let us arrange your flights!**

**AHI FlexAir |** Our personalized air program features transfers, assistance and flexibility.



Moqueca cooking

**ACTIVE TRAVEL**

**Excursions on this program require:**

- walking on cobblestones, unpaved paths, uneven surfaces and hills.
- getting on/off motor coaches, funiculars and cable cars
- endurance to participate in full days of activity