



WORLD AFFAIRS COUNCIL
of Philadelphia & Cooperating Councils

THE FJORDS OF NORWAY TO THE CANALS OF HOLLAND:

A Voyage Exploring Coastal Norway, Scotland and its Isles, & Holland



Geirangerfjord, Norway

Aboard the New Expedition Cruise Ship *DIANA*
July 18 - August 1, 2024



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Beginning in Tromsø, high above the Arctic Circle in the Land of the Midnight Sun, set off on an exploration of a thousand miles of Norwegian coastline, sailing in and out of the awe-inspiring fjords for which the region is famous. Work your way south toward the most stunning fjord of all—the UNESCO World Heritage Site of Geirangerfjord. Then, crossing the North Sea, call in the remote Shetland Islands before following the Scottish coast to enjoy an evening and a full day in stately Edinburgh, followed by Aberdeen. Explore the castles of the Scottish Highlands, and Newcastle, which reflect over 2,000 years of English history. Your journey comes to an end in the Netherlands, where you encounter the remarkable works of Dutch and Flemish artists of the Northern Renaissance.

We will be accompanied throughout the voyage by an onboard team of leaders & naturalists who will bring their experience and expertise in presentations both formal and informal on the history, culture, geology, and natural life of the places we visit.

Your vessel for this extraordinary journey, the Swan Hellenic *Diana*, is a state-of-the-art, new-generation expedition cruise ship launched in early 2023. Accommodating only 192 guests in beautifully appointed staterooms and balcony suites, *Diana* features several lounges, a restaurant, outdoor cafe, spa, library and beauty salon, and is equipped with the latest safety and environmentally-friendly technology.

We hope you will be able to join fellow travelers and explore *The Fjords of Norway to the Canals of Holland*.

AKRON ♦ ALABAMA ♦ ALASKA ♦ ARIZONA ♦ ATLANTA ♦ AUSTIN
BALTIMORE ♦ BOSTON ♦ BUFFALO ♦ CHARLESTON ♦ CHARLOTTE ♦ CHICAGO
GREATER ♦ CINCINNATI ♦ CLEVELAND ♦ COLORADO SPRINGS ♦ COLUMBUS
CONNECTICUT ♦ DALLAS ♦ FORT WORTH ♦ DAYTON ♦ DENVER ♦ GREATER
HAMPTON ROADS ♦ HARRISBURG ♦ HILTON HEAD ♦ HOUSTON ♦ INLAND
SOUTHERN CALIFORNIA ♦ JACKSONVILLE ♦ KANSAS CITY ♦ KENTUCKY
SOUTH INDIANA ♦ LAS VEGAS ♦ LOS ANGELES ♦ MAINE ♦ MID-HUDSON VALLEY
MILWAUKEE ♦ MONTANA ♦ MONTEREY BAY ♦ NAPLES ♦ NEW ORLEANS
NEW HAMPSHIRE ♦ NORTHERN CALIFORNIA ♦ ORANGE COUNTY ♦ OREGON
PALM BEACH ♦ PEORIA ♦ PITTSBURGH ♦ GREATER READING ♦ RHODE ISLAND
RICHMOND ♦ SAN ANTONIO ♦ SAN DIEGO ♦ SANTA FE ♦ SAVANNAH
SEATTLE ♦ SONOMA COUNTY ♦ SOUTH TEXAS ♦ ST. LOUIS ♦ STAMFORD
TACOMA ♦ TENNESSEE ♦ TRAVERSE CITY ♦ UTAH ♦ VERMONT
WESTERN COLORADO ♦ WESTERN MICHIGAN ♦ WESTERN NORTH CAROLINA

CRUISE WITH A TEAM OF EXPERTS

Our activities on this voyage to Norway, Scotland, England and Holland are planned and conducted by a team of onboard experts. On board and ashore, through talks and presentations they will create a comprehensive understanding of the history, culture, contemporary affairs and other aspects that relate to the countries and the specific places we will visit. The experience we will provide is not just one of meaningful sightseeing, but a complete learning experience as well.



Tromsø Harbor, Norway



Princes Street Gardens, Edinburgh, Scotland

THE NEW 192-GUEST EXPEDITION CRUISE SHIP *DIANA*



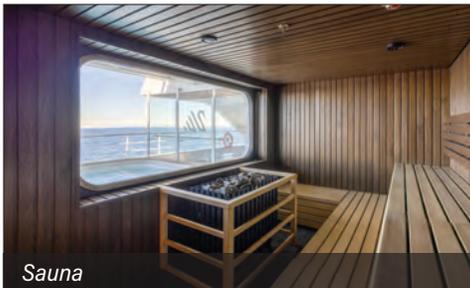
Oceanview Stateroom



Balcony Suite



Observation Lounge



Sauna



Club Lounge



Outdoor Café/Bar with swimming pool

Built in Finland, and launched in April 2023, Swan Hellenic's *Diana* is a new generation expedition cruise ship. Although at 12,100 tons the ship is large enough to accommodate more than 350 passengers, *Diana* will accommodate a maximum of 192 guests in 96 spacious staterooms and balcony suites. The low guest density results in one of the most generous indoor and outdoor space-to-guest ratios among cruise ships.

Featuring the latest advances in technology and engineering, *Diana* is among the world's first environmentally responsible ships. Equipped with hybrid engines and a unique water filtration system, *Diana* leaves a minimal footprint. For cruising in Polar regions, the ship meets the stringent requirements of the new Polar Code with its high PC5 Category A ice strengthened hull and other advanced features. A computer-controlled Dynamic Positioning System allows the ship to maintain position without anchoring. Operated by a complement of 135 experienced European officers and international crew members, *Diana* will

carry a fleet of Zodiacs, versatile landing boats, and kayaks. Powerful stabilizers provide a smooth ride.

Diana's interior spaces exude sophisticated elegance, with most rooms opening to panoramic views of the sea. All staterooms and suites face outside and are equipped with private facilities, climate control, TV, Wi-Fi and USB connections and other amenities. Of the ship's 96 staterooms, 76 have balconies. Public areas include a spacious observation lounge equipped with state-of-the-art facilities for lectures and presentations; a club lounge; a restaurant that accommodates all guests at one seating; an outdoor café/bar that surrounds the heated swimming pool; a wellness area with gym, spa, and sauna with an adjoining outdoor jacuzzi; library; beauty salon; and an infirmary that is attended by a full-time doctor and nurse. The ship also features expansive open-deck areas. Two elevators connect all decks. Attentive service is provided on a 24-hour basis. The outstanding cuisine is complemented by fine wines at lunch and dinner.

FOR INFORMATION AND RESERVATIONS, PLEASE CALL WORLD AFFAIRS COUNCIL OF PHILADELPHIA AT 800-942-5004, EXT 231 or EXT 209

ITINERARY



Thursday, July 18, 2024
DEPART THE UNITED STATES.

Friday, July 19
TROMSØ, Norway

Arrive in Tromsø and transfer to *Clarion Hotel The Edge*. Gather this evening for a welcome dinner with fellow travelers. (D)

Saturday, July 20
TROMSØ/EMBARKATION

After breakfast and check out from the hotel, explore this small and vibrant city 220 miles north of the Arctic Circle. Begin with a visit to the Tromsø Polar Museum, housing a variety of natural history and ethnographic collections that provide a comprehensive introduction to traditional Norwegian culture, including an informative section on the Sami. Also tour the Arctic Cathedral—the city's iconic modern

landmark—constructed in 1960 of concrete, aluminum and glass, and featuring a spectacular triangular stained-glass window that fills one entire wall. After lunch, transfer to the pier to embark *Diana* and set sail. (B,L,D)

Sunday, July 21
LEKNES, LOFOTEN ARCHIPELAGO

After a morning of cruising the fjords south of Tromsø, call in the small town of Leknes in the heart of the Lofoten Archipelago. A collection of rugged mountains rising out of the sea, these islands are home to green valleys and fishing villages. Located just 10 miles north of Leknes, the Lofotr Viking Museum tells the compelling story of a Viking settlement discovered here and excavated in the 1980s to reveal the remains of the largest Viking longhouse ever unearthed. The museum, which was opened in 1995, includes a full-scale reconstruction of the longhouse, two Viking ships, a movie theater, and a gift shop. (B,L,D)

Monday, July 22
BRØNNØYSUND

Located on a narrow peninsula, Brønnøysund is your gateway to Torghatten Mountain, an emblematic landmark famous for the 50-foot-wide tunnel that runs about 200 yards all the way through its middle. A hike from the foot of the mountain along a rugged path leads to the tunnel, where you can walk through to the other side for panoramic views of the surrounding islands. After lunch aboard ship, visit the Norwegian Aquaculture Center, a fish farm employing the latest technologies of aquaculture, where you learn about the process and have an opportunity to sample some grilled salmon produced here. (B,L,D)

Tuesday, July 23
MOLDE

Molde, known as “The City of Roses” because of the abundance of blooms throughout the town from mid-June through August, is also home to one of the most remarkable vistas along the Norwegian coast. A short drive brings you to the Varden overlook, some 1,300 feet above sea level, with views of the town below and of the famous Molde panorama of 222 partially snow-covered peaks just across the fjord. Returning to the town center, enjoy a guided walking tour, including a visit to the Romsdal Museum, an open-air museum where barns, farmhouses and a variety of other buildings have been assembled from around the region to illustrate what life was like in the early 20th century. (B,L,D)

Wednesday, July 24
GEIRANGER

This morning, sail through the spectacular UNESCO World Heritage Site of Geirangerfjord, perhaps the most beautiful fjord in the world because of its steep cliffs, crystal-clear waters, and stunning waterfalls. Disembark in the town of Geiranger for a panoramic tour of the town and surrounding countryside, including a visit to a 300-year-old farm that produces a variety of goat cheeses as well as caramels on a property consisting of some 30 tiny wooden houses with turfed roofs. (B,L,D)

Thursday, July 25

AT SEA/LERWICK, SHETLAND ISLANDS, Scotland

During this day at sea, attend informative presentations and discussions with guest lecturers, relax and enjoy cruising the open sea, and treat yourself to some of the many amenities aboard *Diana*. The ship docks in Lerwick in the evening. (B,L,D)

Friday, July 26

LERWICK

The Shetland Archipelago, which consists of 100 islands, were first inhabited during the Stone Age, and were later ruled by Norsemen for hundreds of years, before they were annexed by Scotland in 1472. From the pier in Lerwick, drive through Tingwall Valley to the Keolka Croft, where you will learn about the lives of farmers who till the land within the peculiarly Scottish system of small-scale tenant farming called "crofting." Return to Lerwick for lunch aboard ship, before visiting the award-winning Shetland Museum, housing more than 3,000 artifacts illustrating Shetland's heritage and culture. Enjoy some time at leisure in this lively town and perhaps shop for some world-famous Shetland knitwear. (B,L,D)

Saturday, July 27

AT SEA/LEITH, Edinburgh

During this day at sea, attend informative presentations and discussions with guest lecturers, relax and enjoy cruising the open sea, and treat yourself to some of the many amenities aboard *Diana*. In the late afternoon the ship docks in Leith, the port for Edinburgh, with a special event planned this evening. (B,L,D)

Sunday, July 28

EDINBURGH

This morning, enjoy a panoramic tour of the city of Edinburgh followed by a walking tour of some of its most important areas—the Royal Mile, the Princes Street Gardens, and Calton Hill. A highlight of the morning will be a visit the Palace of Holyroodhouse, the King's official residence in Scotland. Located at the end of the Royal Mile, with the imposing volcanic outcropping of Arthur's Seat providing a dramatic backdrop, Holyrood offers the opportunity to explore the historic State Apartments, the ruins of Holyrood Abbey, and the Great Gallery. After lunch, travel to nearby Rosslyn Chapel. Founded in 1446, the chapel is probably best known for the ornate stonework that covers virtually every surface inside and outside the building. Theories abound about the meaning of these carvings, some of which are familiar Christian motifs, some clearly associated with the Freemasons, and some that remain undeciphered to this day. (B,L,D)

Monday, July 29

ABERDEEN

Arrive in Aberdeen, the "Granite City," for an excursion to Scotland's famed castle country. Aberdeenshire, the large peninsula that pushes into the North Sea, is home to some 260 castles, more than any other part of the United Kingdom. Exploration of this area includes Balmoral Castle, a white granite baronial mansion and the Scottish holiday home of the British Royal Family. Visit the grounds, gardens, and the Castle Ballroom. After lunch at a local restaurant, explore Crathes

Castle and Gardens. Built originally in the 16th century, the interior of Crathes is well-known for its beautiful painted ceilings, crafted in 1600, and for the Long Gallery. The gardens contain an outstanding collection of shrubs and trees. (B,L,D)

Tuesday, July 30

NEWCASTLE

Newcastle-Upon-Tyne is known across Britain for its welcome. The capital of the northeast of England, Newcastle reflects over 2,000 years of history, including its role as an outpost of the Roman Empire and the building of the Norman Castle in 1066 by William the Conqueror's son from which the city gets its name. Your tour of this lively, cosmopolitan city includes the Great North Museum on the campus of Newcastle University. Before returning to the ship, pause at the St. Nicholas Anglican Cathedral, a magnificent building that dates mainly from the 13th and 14th centuries. Its Lantern Tower has been a prominent landmark in Newcastle for centuries, and despite all the modern building, remains the most daring architectural structure in Newcastle. (B,L,D)

Wednesday, July 31

THE HAGUE-SCHEVENINGEN, The Netherlands

The Hague, which serves as the Netherlands' administrative center, is a city of stately, large residences along broad, tree-lined streets. It is known throughout the world as the home of the United Nations' International Court of Justice. This afternoon, explore the city's Dutch artistic heritage in a visit to the Mauritshuis, which houses the royal picture collection, one of the finest in the world. It exhibits 17th-century Dutch masters, works by Dutch and Flemish painters of the 15th and 16th centuries, as well as 17th-century works by foreign artists. The almost 800 paintings on display here include Vermeer's *Diana and her Companions*, *Girl with a Pearl Earring*, and *View of Delft*, as well as several works by Rembrandt and Rubens. (B,L,D)

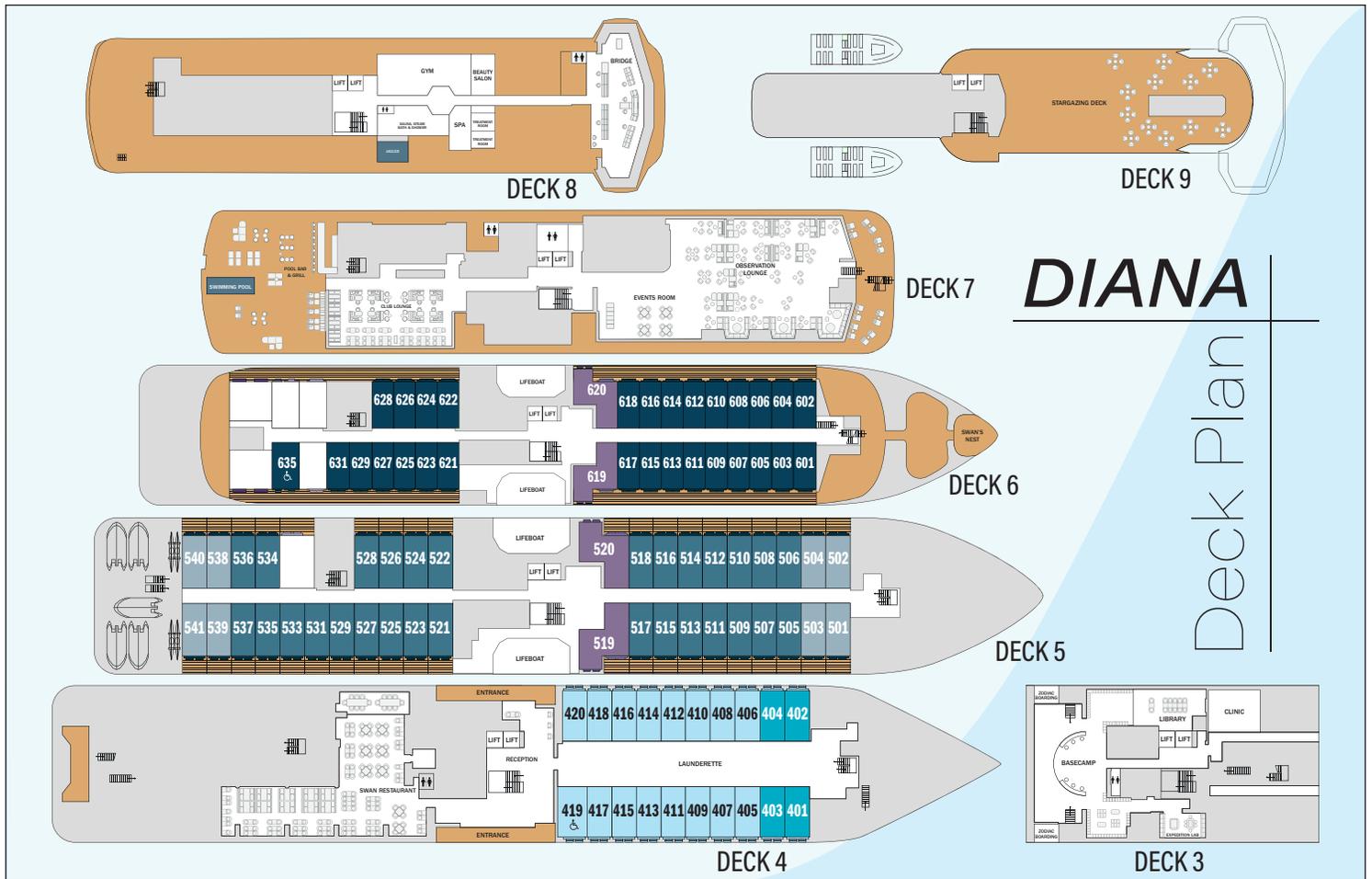
Thursday, August 1

AMSTERDAM/DISEMBARK

After breakfast aboard, disembark *Diana* and transfer to the airport for flights homeward. (B)



Palace of Holyrood, Edinburgh, Scotland



All accommodations aboard *Diana* are spacious staterooms and balcony suites. They are elegantly decorated, face outside, affording sea views, and include a queen-size bed that can be arranged as two twin beds, a spacious bathroom, mini-refrigerator, safe, ample closet space, climate control, telephone, TV, Wi-Fi, and USB connections, as well as other amenities.

CATEGORY	DESCRIPTION	RATES PER PERSON / DOUBLE OCCUPANCY
E	Oceanview staterooms with two large oval windows. 206 sq. ft. Deck 4. Staterooms 401-404.	\$10,490
D	Oceanview staterooms with two large oval windows. 206 sq. ft. Deck 4. Staterooms 405-420.	\$10,990
C	Suites with balcony & living room area. 300 sq. ft. Deck 5. Suites 501-504, 538-541.	\$12,490
B	Suites with balcony & living room area. 300 sq. ft. Deck 5. Suites 505-518, 521-529, 531-537.	\$12,990
A	Suites with balcony and living room area. 300 sq. ft. Deck 6. Suites 601-618, 621-635.	\$13,990
AA	Suites with large balcony, separate bedroom & living room. 474 sq. ft. Decks 5 & 6. Suites 519, 520, 619 & 620.	\$17,990

LOYALTY REWARD PROGRAM

Travel on this cruise program and enjoy savings of **\$400 to \$900** per person on your next voyage with **WORLD AFFAIRS COUNCIL and THALASSA JOURNEYS** aboard a Swan Hellenic ship. Savings are determined by the stateroom category booked and is applicable when you reserve your trip within 30 days of the completion date of **THE FJORDS OF NORWAY TO THE CANALS OF HOLLAND.**

This saving cannot be combined with other offers and is subject to change.

FOR SOLO TRAVELERS

A limited number of cabins are available for single occupancy in categories D to B at no additional charge. Additional single cabins are available at a supplement of 50% of the per person double occupancy rate, instead of the normal 70% supplement.

PROGRAM INCLUSIONS

The rates are all-inclusive. There are no hidden costs and no additional charges such as shore excursions or embarkation and port charges. Other than the international airfare and expenses of a personal nature, all else is included. Specifically, the rates include:

- One night at *Clarion Hotel The Edge* (or similar) in Tromsø, including breakfast.
- Welcome dinner in Tromsø, and lunch on the day of embarkation.
- Cruise aboard the Swan Hellenic *Diana*, as described in the itinerary.
- Airport/hotel/pier transfers and handling of luggage on the program arrival and departure dates.
- Program of lectures and discussions with the onboard team of experts.
- Complete program of shore excursions, led by professional local guides.
- All meals aboard the ship, with a selection of wines, beer and soft drinks during lunch and dinner.
- Welcome and farewell cocktail receptions aboard the ship hosted by the captain.
- Open bar with select alcoholic beverages.
- Coffee, including espresso and cappuccino, tea and soft drinks throughout the day and night.
- 24-hour room service.
- Gratuities to the ship's crew, guides, porters and drivers.
- Basic Wi-Fi aboard the ship.
- The services of an experienced Thalassa Journeys Trip Director.
- All local taxes and service charges, including port and embarkation taxes.
- Complete pre-departure material.

NOT INCLUDED: International airfare; travel insurance; expenses of a personal nature; any items not mentioned in the itinerary or the above inclusions.



Lofoten Islands, Norway

REGISTRATION

WACP 24D-0718

Enclosed is my check for \$_____ (\$ 1,500 per person) as a deposit to hold _____ place(s) on **THE FJORDS OF NORWAY TO THE CANALS OF HOLLAND**, July 18 - August 1, 2024 with World Affairs Council. I understand that final payment is due ninety (90) days prior to departure and is payable by check.

You may visit our website to submit your reservation online or send a check payable to Thalassa Journeys with this reservation form to:

World Affairs Council

One Penn Center, 1617 John F. Kennedy Blvd., Suite 1055, Philadelphia, PA 19103

Email: travel@wacphila.org

Phone: 800-942-5004 or 215-561-4700 x 231 or x 209 • Fax: 215-561-5660.

Visit our website to submit your reservation online.

<https://wacphila.org/travel/norway-to-holland>

PLEASE SELECT STATEROOM CATEGORY IN ORDER OF PREFERENCE

1st choice _____ 2nd choice _____ 3rd choice _____

Double Occupancy

Single Occupancy (Inquire for rates)

PREFERRED BED CONFIGURATION Double _____ Twin _____

FIRST MIDDLE LAST (AS ON YOUR PASSPORT)

FIRST MIDDLE LAST (AS ON YOUR PASSPORT)

ADDRESS

Each participant must sign below: I/We have read the "General Information" section and agree to its terms.

CITY/STATE/ZIP

TELEPHONE (DAY)

(EVENING)

SIGNATURE

DATE

E-MAIL

SIGNATURE

DATE

GENERAL INFORMATION

PAYMENT SCHEDULE: A deposit of \$1,500 per person is required to reserve your space on the tour. Final payment is due 90 days prior to departure. Payment can be made by personal check or charged to a credit card.

CANCELLATIONS & REFUNDS: All cancellations are subject to a \$300 per person administrative fee. Cancellations received 71-90 days prior to departure will be assessed a penalty equal to 50% of the total program cost per person. Cancellations received within 70 days of departure are subject to 100% cancellation penalties. Requests for cancellations must be made in writing. No refunds will be made for any part of this program in which you choose not to participate.

INSURANCE: We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

ITINERARY: The itinerary, accommodations and arrangements are subject to change at the discretion of Thalassa Journeys.

RESPONSIBILITY: Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the traveler and Thalassa Journeys. Thalassa Journeys acts solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising in connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third-party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler, and tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be affected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

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Hague, Holland